**Hebrews 13:7-9**

[*https://thebiblesays.com/commentary/heb/heb-13/hebrews-137-9/*](https://thebiblesays.com/commentary/heb/heb-13/hebrews-137-9/)

*Paul encourages his readers to imitate their leaders and not be led astray by false teachings.*

The Hebrews believers ought to remember those who led them and taught them the word of God. Paul encourages his readers to consider the results of their conduct or the result of them finishing (“teleo”) what God set out for them to do. Throughout this letter, Paul has been admonishing his readers to endure until the end, to continue following God and walking in His path. It is encouraging to look at the lives of previous believers and see that their faithful walk with God was the right choice. We should consider those that walked faithfully with God before us, bother *the result of their conduct* and how to *imitate their faith*.

Even though Christian leaders may come and go and leave this earth, we can have comfort in knowing that Jesus is the same *yesterday, today, and forever.* We can also know that enduring until the end is worth it since Christ has assured us of this. And He is faithful.

Although these Hebrews did have some strong and faithful leaders, they also no doubt, have heard strange teachings that do not align with what they were first taught. Paul wants them to stick with what they were first taught and not be led astray.

Paul also writes that *it is good for the heart to be strengthened by grace*. The heart is strengthened by receiving God’s grace through the ministry of Jesus Christ. The sacrificial system and religious practice (referenced here by the word “*foods*”) do not profit those who are focused on them. Paul’s entire focus in this letter is on the inability of religious observance or regulations to cleanse our consciences of guilt for proper service to God. The better ministry of our better high priest, Jesus, is the only thing that allows us to draw near to God.

**Biblical Text:  
7 Remember those who led you, who spoke the word of God to you; and considering the result of their conduct, imitate their faith. 8 Jesus Christ *is* the same yesterday and today and forever. 9 Do not be carried away by varied and strange teachings; for it is good for the heart to be strengthened by grace, not by foods, through which those who were so occupied were not benefited.**